

How-To Make an Simple and Delicious Chili

by Joe Miesner

INGREDIENTS

- The Mixture – garlic, shallots, and onion chopped
- Canned beans
- 1 Can of chili
- 1 Can of chili beans
- 1 Small can of salsa
- 1 Ripe tomato
- 1 lb of ground beef, browned
- ½ teaspoon of cumin
- Toppings: shredded cheese, sour cream, chopped onions, and hot sauce

INSTRUCTIONS

- Cook “The Mixture” in some oil until soft and translucent.
- Rinse and add canned beans.
- Add 1 can of chili, 1 can of chili beans, and 1 small can of salsa.
- Add chopped tomato.
- Add 1 LB of browned ground beef.
- Add ½ teaspoon of cumin.
- Combine ingredients into a crock pot or pot and cook on low for several hours.
- Add selected toppings.